Tiera Atacama invites you to indulge in our first ever Adventure & Spa pairing menu. Created by our health and expedition experts, the pairings match the demands of each adventure with the perfect spa treatment for your mind, body and soul.

## ■ The Balancing Act: Moon Valley with Reiki + Crystal Massage

A hike up Moon Valley, a place that stuns with its majestic 360-degree views and calming silence, astounds and awakens the senses. Uma spa pairs this excursion with a Reiki + Crystal Massage to maintain the balance of your energy and retain the calm of the valley for days to come.

## The Warm Up: Tatio Geysers & Hot Stone Massage

At 12,000 Ft. (4,500 mt). Tatio Geysers offers strange, out-of-this-world landscapes. At sunrise each geyser is surmounted by a column of steam that condenses in the cold air. Back at the hotel, a Hot Stone Massage will warm your whole body, and remind you of the hot water deep in the rocks at the Tatio Geysers.

## All About Legs: Guatin/Gatchi & Relaxation for Tired Legs

Two legs are all you need for adventures in the Atacama Desert. A hike will take you to the Candelaria cactus that are over 100 years old and 10 feet tall, cross thermal springs that stream down from the Andes Mountains and to verdant ecosystems in the driest desert in the world. Uma spa rewards hard working legs with a deep relaxation treatment that will leave them feeling renewed and energized for the next day's excursion.

## The Saddle & Soak: Horseback Ride & Luxe Outdoor Bath

Setting out from Tierra Atacama on horseback allows you to see the desert from a different perspective, fully enjoying the freedom of wide open spaces. After a long day in the saddle, Uma Spa treats riders to a luxe soak in our private outdoor hot tub with a choice of soothing herbs to relieve soreness and tiredness.

