

IN-ROOM TREATMENTS *PERSONAL TRAINING & ULTIMATE RELAXATION*

HOW TO BOOK

Services are available seven days a week from 8AM until midnight, and by special arrangement at other times. Advance notice is advisable in order to ensure that we can accommodate your request. To enable us to provide the best possible service, you may be asked to complete a brief medical history and details as to your individual preferences for the requested treatment.

BOOKING HOTLINE

To book your in-room treatment, please contact our guest relations desk at #805.

Check out back side for massages and treatments.

PAYMENT & CANCELLATION

Services and treatments are charged to your room bill. As a consideration to our other guests, there is a 2-hour cancellation policy. Full service fee will be charged to your room, if cancellation is made less than 2 hours prior to the appointment.

PLEASE NOTICE

Appointments after 9PM have an additional night charge of 25% of the regular price.

PERSONAL TRAINING

SERVICE

“Vitalität in Perfektion“ Personaltraining is a team of experts who develop remarkable concepts for fitness-, physical health and balanced diet for more than twelve years.

Experience high level fitness and book a special personal-training programm, focused on your special needs. For your individual programm please contact the reception.

WHAT IS SPECIAL ABOUT VIP PERSONALTRAINING?

You do not need anything - not a variety of gym machines, nor being a member of a fitnessclub, just a bit of time.

“Vitalität in Perfektion“ Personaltraining is a one-to-one training and can be carried out nearly everywhere.

The effectivity of this unique concept is scientifically proven.

RATES

<i>Duration</i>	<i>Charge</i>
60 min	€ 150,00
120 min	€ 290,00
180 min	€ 420,00

ULTIMATE RELAXATION

APPOINTMENT ETIQUETTE

Therapists will arrive 5 minutes prior to appointment time at your room in order to prepare the treatment. It is advisable to shower before all body treatments. For body and face treatments it is easier to meet your needs if you tell us what you would prefer. We recommend consulting with our therapist before you begin your treatment, to discuss your opinions and what might best benefit your skins needs. Your therapist will also make you aware of any extra charges associated with additional services.

Massage attire is whatever makes you feel comfortable. You will be covered at all times.

It's your time – your therapist is a professional. If you feel like chatting, go ahead – if you don't, just relax and enjoy.

MASSAGES Asian Style

TRADITIONAL SHIATSU

Duaration *Charge*

Traditional Japanese massage on a floor 90 min € 155,00
matt using acupressure and stretching. 2 h € 210,00

Please wear loose fitting.

SWEDISH-SHIATSU COMBINATION

This massage combines SOKAI's most popular treatments. It will use all different styles – bespoke and adjusted to your needs.

60 min € 105,00
90 min € 145,00
2 h € 200,00

MASSAGES Classic

SPORT MASSAGE

Duaration *Charge*

An invigorating massage specifically designed for the athletes and sports enthusiast. It will focus on areas of the body that you feel need special attention.

60 min € 105,00
90 min € 145,00

SWEDISH MASSAGE

The best-known type of bodywork massage technique to relax the entire body by rubbing the muscles with long gliding strokes in the direction of blood returning to the heart.

60 min € 105,00
90 min € 145,00
2 h € 200,00

REFLEXOLOGY

Refexology treatment stimulates predefined pressure points on the feet, hands and head.

60 min € 105,00
+30 min € 45,00

AROMATHERAPY Add-on

Choose from a selection of different Organic PANPURI scents which suit you for that moment. Surcharge for PANPURI aroma. € 15,00

BEAUTY TREATMENTS

LUXURY FACIAL 60 min € 149,00

With gorgeous products of LaPrairie incl. intensive mask.

STRESS TREATMANT 60 min € 119,00

Methode Clarins.

CLASSICAL FACIAL 50 min € 99,00

Methode Clarins.

HANDS

Classic Manicure € 49,00
French Manicure € 59,00

FEET only natural nails

Classic Pedicure € 59,00
French Pedicure € 69,00

In-Room Spa Service is provided by SOKAI Wellness.