



# Summerfields

Rose Retreat & Spa

*Barefoot Luxury*

*The most scintillating  
experience you'll ever have!*



## Body Treatments



### *Luxury rasul for 2*

45min

R 550

### *Luxury rasul for 1*

30min

R 430

*Therapist to assist*

### *Executive stress relief*

90min

R 880

### *Steam session*

R 150

### *Jacuzzi*

R 150

### *Coffee body exfoliation*

2.5hrs

R 1180

75min

R 450

*Without the Swedish Hot massage*

### *Charlotte Rhys detoxifying body treatment*

75min

R 950

A do it yourself treatment where you start by exfoliating with a litchi and rose salt scrub, then apply a rose clay mud and enjoy a steam session to nourish and soften your skin. Retain the softness by applying a rose body butter after the steam session.

Start this relaxing treatment with a breathing exercise, followed by a back, neck and shoulder massage. Complete with a hand and foot treatment. This is sheer luxury!

Start with a 20min steam session to prepare your skin for the exfoliation. This is an invigorating coffee scrub experience, leaving your skin naturally soft. Rinse off with the warm water of the Vichy shower. End this treatment with a pressure point, hot macadamia compress Swedish massage.

Full body exfoliation with a detoxifying body polish, followed by a body mask and finished off with a detoxifying oil application.

*Swedish massage*

60min

**R 650**

*Back, neck and shoulder*

30min

**R 450**

*Aromatherapy massage full body*

A blend of essential oils to target your body concerns to bring about well being.

60min

**R 900**

*Deep tissue massage*

60min

**R 750**

*Soy candle massage*

(The soy candle has aromatherapy benefits as well as heat benefits and is your gift to take home).

60min

**R 700**

*Add on :* a soy candle to any massage of your choice

**R 100**

*Hot stone massage full body*

60min

**R 750**

*Cold rose quartz massage*

60min

**R 750**

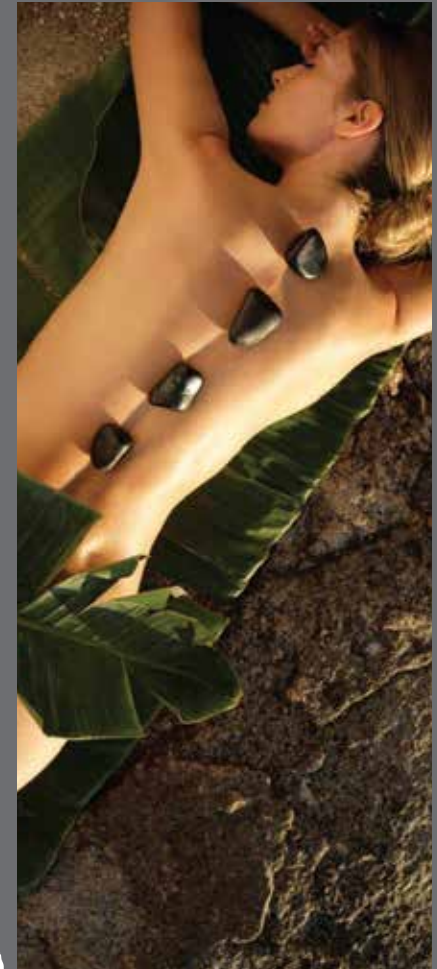
*Add on :*

Hot stone massage

Soy candle massage

Cold rose quartz massage

*Holistic Treatments*



## *Special Summerfields Body Treatments*



### *Reflexology*

45min

**R 450**

### *Body exfoliation with a soap massage single and couples package*

2hours

**R 1100 p/p**

### *Summer rose quartz massage*

60min

**R 750**

### *Summerfields soothing relief*

45min

**R 550**

A system of massage on the feet used to relief tension, relax body and mind and bring body back into balance.

Start this treatment with a 20min rose quartz steam session. You will receive a dry body brushing which exfoliates and softens the skin, this is followed by an invigorating soap massage that leaves you feeling well rejuvenated. You will be rinsed off with the warm water of the Vichy shower and end off with an application of our rose scented body butter.

Experience a rose quartz hot/cold stone massage to relieve muscle tension and relax the joints. On departure receive a bunch of roses.

Feel the relief of the cooling effect of our cucumber and banana leaf wrap, followed by a nourishing application of rose body butter. Suitable for sensitive, irritated or sun burnt skin.

## *Included in half day and full day packages:*

These packages include coffee, tea, a glass of bubbly and main course meal in between treatments. Starters and desserts are at additional cost.

### *Summerfields journey for winter*

3hrs

**R 1650**

Start this treatments with a 20min rose quartz steam session, followed by a full body coffee exfoliation.

After the exfoliation experience, you are wrapped in rose petals and macadamia oil and then in banana leaves to smooth and hydrate the skin. While cocooned in banana leaves you will receive a natural signature facial and have the treatment end off with combination of a hot compress massage.

### *Summerfields journey for summer*

(Bring own swimwear)

3.15hrs

**R 2025**

This begins with a hydro walk through different volumes and temperatures of water, followed by a full body coffee exfoliation.

After the exfoliation experience, you are wrapped in rose petals and macadamia oil and then in banana leaves to smooth and hydrate the skin. While cocooned in banana leaves you will receive a natural signature facial and have the treatment end off with a Swedish massage.

### *4x4 Mens package*

2.5hrs

**R 1050**

Manicure and pedicure which includes a nail treatment and a scalp massage all to be enjoyed with a local beer in the restorative nail lounge overlooking the Sabie River.

## *Rose Spa Half Day Packages*



## Rose Spa Half Day Packages



### *A touch of nature*

4.5hrs

**R 2675**



Allow Mother Nature to show you that path to inner healing. Your treatment begins with a coffee exfoliation, then cocooned in papaya pulp, rose petals and wrapped with banana leaves, while relaxing in this luxurious cocoon, you will receive a natural signature facial leaving your skin rejuvenated. Relax during a plant-based aromatherapy massage and end off the treatment with a perfect finish to the day: Fiesta manicure and Florentine pedicure.

### *Eden romantic couples package*

(Bring own swimwear)

2hrs

**R 2375  
per couple**

Whether it's a special occasion or merely a celebration of love, we guarantee total relaxation and harmony in the treatment room. Begin your seductive journey with a relaxing back, neck and shoulder massage, followed by a scalp massage and end off with a hand and foot treatment. Then enjoy our signature hydrotherapy experience, the hydro walk, where you will end at the Jacuzzi as you enjoy a fruit platter and a bottle of champagne in privacy. On departure you will receive a complementary bunch of roses.

### *Charlotte Rhys package*

3.5hrs

**R 1900**

This includes a detoxifying salt body polisher followed by a mask application. Whilst wrapped in the mask your blood circulation will improve, thus stimulating and aiding in the drainage of toxins. Receive a Charlotte Rhys facial while wrapped with products best suited for your skin type. End the treatment off with a full body massage with detoxifying massage oil.

## Summerfields natural signature facial

90min

R 825

Indulge in the unique Summerfields natural facial where only natural ingredients are used to cleanse, exfoliate and nourish your skin. The treatment will begin with a 30min back, neck and shoulder massage. Your facial will commence with a hot compress, and natural products best suited for your skin type.

Receive either a scalp or foot massage while the mask is left to soften your skin and aid in its natural benefits.



## Charlotte Rhys facial

60min

R 650

Get the feeling of fruit acids on your skin to renew, soften and sooth. Products to best suit your skin type will be selected and used to achieve the results you are opting for.

## Add to your facial

Brow tint

15min

R 60

Lash tint

15min

R 90

Brow shape

15min

R 50

## Facial Treatments



# Nail Lounge



## Manicures

Gelish deluxe for hands	90min	R	350
Gelish express for hands	60min	R	280
Deluxe Fiesta Manicure	60min	R	400
Express Manicure	30min	R	280

## Pedicures

Gelish deluxe for feet	90min	R	420
Gelish express for feet	60min	R	170
Deluxe Florentine pedicure	60min	R	460
Express pedicure	30min	R	340

## Add on :

Medi heel for dry cracked heels	20min	R	130
French paint with mani or pedi	15min	R	50
French paint	45min	R	220
14 day non chip polish (gelish)	45min	R	130
Soak off your gelish	60min	R	130
Re-varnish	30min	R	190
Hand or foot massage	20min	R	280
Paraffin dip	20min	R	140