



"At An Lam Spa our goal is to offer you more than a spa treatment, but instead treat you to a truly unique relaxation experience.

The atmosphere at An Lam Spa is utterly intoxicating, a heady mixture of scents, sounds and sensations all thoughtfully designed to restore the balance, refresh the energy and rejuvenate the mind, body and soul"



MASSAGE THERAPY

Foot Reflexology	60 mins	1.950
	90 mins	2.550

This remarkable ancient technique massages the reflex zones of the feet inducing deep relaxation to the entire body by releasing the flow of energy. Not only will your feet feel terrific, you will experience increased energy.

BODY MASSAGE

60 mins	2.250
90 mins	2.550

Serenity Lavender

Capture elusive sleep with this therapeutic massage. Using the sleep inducing aromas of lavender essences, you will be brought into physical and emotional balance, which will guide you to a state of deep relaxation and blissful sleep.

Aromatherapy

Aromatherapy oil blends to convey the healing, harmonising and rejuvenating properties of Essential Oils into the body through rhythmic touch. Choose an oil blend to suit your mood.

Balinese

A gentle and calming massage using acupressure, skin rolling and relaxing strokes to soothe, restore and calm the mind and body.

All prices are times 1,000 in Vietnam Dong (VND) and are inclusive of 5% service charge and then 10% VAT

Soothing Hot Stone

Heated river rocks are placed on the body and used during the massage to melt away tension and stress.

Herbal Compress

Performed for hundred of years, Herbal Ball Massage are known to provide deep relaxation while relieving stress and fatigue, and improving health. It improves blood circulation and stimulates the internal organs.

Herbs used in the compress will also have different and specific benefits: ginger is used to treat digestive disorders and allergies, lemongrass and kaffir lime boost the immune system, jasmine has antispasmodic and anti-depressive effects, turmeric is an anti-bacterial that will heal skin infection or lesion...

Anti - stress Scalp, Neck & Shoulder 30 mins 1.550

A revitalizing massage encompassing the scalp, neck, and shoulder area to reduce stress related tension quickly.



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BODY TREATMENT SCRUB

45 mins 1.250

Enjoy one of our luxury body treatments for skin that radiates with health and is soft to the touch. Carefully balanced to both deeply cleanse and replenish, our body treatments lift the veil of dullness and dryness to restore hydrated silkiness to skin.

Clarifying Hibiscus

The enriched with organic, brown sugar hibiscus scrub contains vegetable oils, natural butter and Phyto-Bioactive with skin-clarifying properties. Tanamera Clarifying body scrub is a natural formulation designed to brighten skin and give you a radiant, luminous glow.

Organic Brown Sugar

Get rid of sluggish skin cells with the exfoliating action of raw brown sugar. This is a perfect blend of sugar and 6 nutrient-rich plant oils. This will provide you with a stimulating body treatment experience that leaves your skin silky soft.

Himalayan Rock Salt

Himalayan Rock Salt Scrub is extremely invigorating and refreshing to the skin. Remove dry and dead skin cells and bring the fresh new skin to the surface, giving it a more youthful appearance. The exfoliation process also helps remove impurities and toxins from the skin, un-blocks pores and reduces inflammation.

Toning Green Coffee

Toning Green Coffee scrub is especially formulated with green coffee extract and the phytocomplex of Badderwrack, Ivy and Meadowsweet to help tone loose and flabby skin, reduce the appearance of cellulite and at the same time shape the body to a slimmer silhouette.

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Desiccated Coconut Body Polish

Made from 100% natural ingredients such as Desiccated coconut, Rice, Glutinous rice, Pandan leaf extract, Vanilla extract without any use of preservative or any synthetic coloring or perfumes. A gentle body polish that is most suitable for those with sensitive skin.

BODY TREATMENT WRAP

45 mins 1.250

Oatmeal, milk & honey

Relax in the soothing comfort of oatmeal, milk, and honey in this nourishing body wrap. Milk and honey, with their natural emollients, are rich in vitamins, minerals, and proteins that fight free radicals and moisturize dry skin. Milk's natural acids soften skin while the humectants in honey hold in moisture. This wrap also has aloe vera to heal and firm skin while colloidal oatmeal soothes and hydrates. Enfold yourself in the sweet tranquility of our Oatmeal, Milk & Honey Body Wrap.

Detoxifying Clay Mask

Clay will bring essential nutrients and oxygen to your skin. It will deep clean and maintain your beautiful skin. Whatever your skin type is, clay will leave you glowing and vibrant.

Green Tea Mask

Green tea is a very powerful herb that has many antioxidants that promote healthy skin and natural beauty. It's best known for helping rid of the body of toxins. Improving the skin condition and leaving it feeling years younger.

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FACIAL CARE

75 mins 1.200

De-Sensitiser Facial (Oatmeal & Honey Mask)

A comforting Facial for sensitive skins prone to redness and irritation, leaving skin calmed and nourished. De-sensitising natural plant extracts and calming aromatherapy oils such as Chamomile and Benzoin are used to gently cleanse, nourish and hydrate fragile skin. This soothing Facial helps to reduce skin sensitivity leaving skin calmed, nourished and comfortable.

Re-Hydration Facial (Royal Jelly)

An intensive and regenerating Facial for dehydrated skin, leaving it supple and nourished. Gentle cleansing and exfoliation help the skin absorb replenishing face treatment oils and masks to deeply moisturise and soothe the complexion. This Royal Jelly leaves skin smooth and feeling rejuvenated.

Purifying Facial (Green Tea Mask)

Ideal for oily, congested and problematic skin, or those suffering with hormonal imbalance. This deep-cleansing Facial helps to regulate oil secretions and refine open pores. Essential Tea Tree and White Thyme oils, which are naturally de-congesting and anti-inflammatory, are used to soothe and calm the skin, encouraging a more balanced and clearer complexion.

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SALON NAIL TREATMENTS

Indulge in true luxury and relaxation with our AN LAM Manicures and Pedicures. We use the finest products and protocols to deliver a truly rich and indulgent experience that will awaken the senses, regenerate the skin and protect against environmental stresses while addressing healthy nail regeneration, growth and strength.

Deluxe Spa Manicure/ Pedicure 60 mins 1.250

Deluxe Spa Manicure & Pedicure 90 mins 2.250

Luxurious conditioning care for your hands & feet with all elements of a traditional manicure to leave hands soft and smooth and nails beautiful. Stimulating your soles with a scrub, oatmeal wrap and thorough cleansing. Includes a nourishing hand-arm & feet massage with lotion to nourish the skin.

Nail polish application is included if desired.



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COUPLE'S EXPERIENCES ROMANCE/ JACUZZI INDULGENCE

A spoiling indulgence in the privacy of your villa

Surprise your partner with a romantic bath prepared in your villa. See the smile on your loved one's face as you return to your villa - decorated patio and a romantically set up bath tub/ jacuzzi. For the comfort of your romantic bath.

Cleopatra's Secret

Magical blend of Fresh Milk, Honey, Almond oil and Rose petals. Giving you all the essentials that Cleopatra used herself for glowing and nourishing skin.

Chocolate Dream

Filled with Fresh Milk and Rich Chocolate, it's the ultimate in decadent delights.

Timeless

Filled with fresh milk, fresh organic juice, honey, Lavender Essential oil. Provide nutrition for the skin.

CHOICE ACCOMPANIMENTS

Tropical Fruits, Crackers, 2 fresh juices/ 2 smoothies 2.200

Chocolate Mousse, Nuts, 2 hot chocolate drinks/
2 chocolate milk shakes 2.200

Chocolate Fondant, Bottle of Shiraz 2.600

Tropical Fruits, Kalamata olives, Bottle of sparkling
house wine/ red/ white - house wine 2.900

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SPA RITUAL

An Lam Renewed & Refreshed 3 hours 3.250

- An Lam herbal welcome drink
- Body Treatment Scrub
- Body Treatment Wrap
- Individual Facial Care
- Tropical Fruits & Juice
- Healthy meal

An Lam Half Day Rejuvenating 3 hours 3.750

- An Lam herbal welcome drink
- Body Treatment Scrub/ Wrap
- Foot Reflexology or
Luxury Spa Manicure & Pedicure
- Individual Facial Care
- Tropical Fruits & Juice
- Healthy meal

An Lam Half Day Relaxation 3 hours 4.590

- An Lam herbal welcome drink
- Soothing Hot Stone Massage
- Individual Facial Care
- Foot Reflexology
- Tropical Fruits & Juice
- Healthy meal

The Ultimate Romance For Couple 5 hours 9.850

- An Lam Herbal welcome drink
- Private romantic bath in your villa
- At your choice of Aromatherapy Body Massage
or Herbal Massage
- Individual Facial Care
- Foot Reflexology
- Tropical Fruits & Juice
- Healthy meal

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SPA ETIQUETTE

The spa is a retreat for your body, mind and spirit. For the consideration of others we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment or accompanied by an adult. We request that you respect other guests' privacy by speaking softly.

Cellular phones and electronic devices are not allowed.

Reservation

Advance booking prior to your arrival is recommended to secure your preferred date and time of treatment. A credit card number is required at the time of booking for a confirmed appointment.

Check-in

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment times.

Business hours

An Lam Spa is open from 9:00 am to 7:00 pm daily.

Special consideration

If you are pregnant you may wish to avoid booking treatments that involve the use of essential oils. Massages or stimulating treatments are not recommended during the first three months of pregnancy.

If you have high blood pressure, heart conditions, allergies or other medical complications, we advise that you consult your doctor before signing up for any spa services. Please inform your therapist of any medical conditions.

Smoking and alcohol

Smoking and the consumption of alcohol within the spa is prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to or after any spa treatment.

Cancellation Policy

A 24-hour cancellation notice is required to help us reschedule your appointment subject to space availability. Any cancellation with less than four hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a no-show.

Valuables

We recommend that no jewelry be worn at the spa. The management accepts no responsibility for the loss of money or valuables of any kind brought into the spa premises.

Refund policy

Treatment packages are non-refundable. Unused portions of the packages are non transferable or non exchangeable for another time.

Payment

We accept cash and all major credit cards. All prices are quoted in Vietnam Dong and are subject to change without prior notice.



