

CXII

CENTOUNDICISPA



LIDO

PALACE

1899



THE CXI SPA

Here on the shores of Lake Garda, the same desires of those in search of well-being have inspired the birth of the CXI SPA, a place far from the ordinary yet with a remarkably concrete proposal in a stunning location. Entering here allows access to a world tailored to individual needs, where the relaxing effects of treatments extend over an area of 1500 square metres of harmony. This has generated EQUILIBRIUM, the exclusive path of health and beauty, utilizing cosmetic products of the highest quality.



CENTOUNDICIONDE

The Centoundici Onde propagate on the inside and outside of our pools to complement your Centoundici experience: an infinite aquatic pleasure.

THE INDOOR POOL

The heated indoor pool, with its gentle slope reaching a maximum depth of 1.40 m, revitalizes with its gooseneck waterfall, an ideal remedy to ease tension in the neck area, and with its elegant designer loungers created to offer complete relaxation.

THE NATURAL SOLARIUM

The natural solarium is equipped with loungers for relaxation where you can enjoy an atmosphere of absolute calm in the sun or shade and admire the beauty of nature, have a swim or a welcome pause with a good book.

THE OUTDOOR POOL

The outdoor pool, surrounded by greenery and a lush garden, is pleasantly heated all year round, with its hydrotherapy courses that allow you to try the feeling of swimming against the current. It is enhanced by exclusive geysers that blow up from the bottom of the pool. Individual areas and vertical walls in the pool offer pleasant moments of well-being to satisfy all needs.

THE HYDRO-MASSAGE TUB

The tank, at a temperature of 35° C, revitalizes the senses by reproducing the effect of natural massage generated from hot springs. By means of a blower, air is forced into in the tank to obtain a soft and gentle massage.

CENTOUNDICIMOVIMENTI

To keep fit and train, this area is equipped with innovative cardio-fitness machines, allowing you to tone and revitalize the mind and body. The area dedicated to floor exercises, equipped with mats, mirrors and small weights, is an integral part of the concept of balance and well-being.





C E N T O U N D I C I G R A D I

Centoundici Gradi recreates a journey of relaxation and purification through different temperatures and humidity to achieve complete wellness.

THE MEDITERRANEAN BATH AT 50°C

Its origins are from the ancient Roman world. Inside you can find a dry, non-invasive heat, suitable for gradually raising the body's temperature. The pleasant and poly-sensory Mediterranean bath causes slow, deep perspiration and its slight humidity helps the skin tissue eliminate metabolic wastes and excess fluid, offering an unparalleled sensation of physical and mental well-being.

THE WARM BATH AT 39°C

The warm bath, with its gentle heat is suitable for those who cannot tolerate high temperatures. Pleasantly scented with chamomile, it is the perfect place to relax at the end of the day.

THE FINNISH SAUNA AT 90°C

In ancient times, the Finns invented structures called hot houses, heated by a wood-burning stove covered with stones. Water was thrown onto the stones, causing a rush of humid heat to counter the cold temperatures. A dry and intense heat that permeates the body causing fast and deep sweating, aids the elimination of excess fluids and metabolic waste, relaxes muscles, balances the sleep-wake cycle and strengthens the immune system.

THE STEAM BATH AT 45°C

Of Arabic origin, the steam bath, also called the traditional Turkish bath, is a warm, humid environment dedicated to the purification of the skin. A relaxing cloud of water droplets soften the tissues and aid respiration with a pleasant lemon-scented steam.



THE EMOTIONAL SHOWERS AND ICE CASCADE

The feeling that has no name but is described by the contrast between opposites. Hot and cold sensations alternate on the skin, thanks to a cascade of ice that tempers the intense heat of the steam baths and sauna, via colours and scents that create a poly-sensory experience. The regenerating experience of the journey that winds through the steam is enhanced by the emotion of a discovery that causes a healthy shiver, offering a lasting, invigorating feeling.

THE SALT ROOM

A beneficial heated room, with walls made of pinkish coloured bricks of rock salt, offers balance and renewed energy; you can rest on special beds that let you experience a sensation of weightlessness, relaxing the mind and body, and releasing a feeling of intense well-being. This environment is a true regenerating treatment for the skin, re-mineralizing the airways, to conclude your experience in the CXI SPA.

THE RELAXATION AREA WITH TEAS AND INFUSIONS

After a long session in the wellness area that involves your entire body, the eyes relax, in an environment suffused with views of the lush garden, where you can relax between a steam bath and a sauna. A chaise lounge becomes the point of arrival and of total relaxation, the safe haven where the scents of nature just outside the window mingle with those captured by the herbal teas, to savour and extend the benefits of the experience that is still alive on the skin, and where you can taste dried and seasonal fruits, fresh water and soothing teas and infusions.

EQUILIBRIUM



NIANCE®

PRESTIGIOUS ANTI-AGING TREATMENTS FROM SWITZERLAND

CXI SPA and NIANCE® offer innovative anti-aging treatments for face and body: Well known for their exclusive ingredients and massage techniques and relaxing for the senses, the cutting edge active elements remodel, streamline and firm the body, giving softness, brightness and freshness to the skin.

SKINCEUTICALS

THE SENSE OF TOUCH

CXI SPA and Skinceuticals, international celebrity brands, offering exclusive pro-aging treatments that combine these products with a high absorption rate in specific medical aesthetic treatments. Recently discovered, and with high percentages of pure active ingredients, the formulations are odourless, and exceed the simple moisturizing and anti-wrinkle creams on the market today. Their antioxidant action is much more complex and active, always in full compliance with all skin types, to protect, prevent and correct the signs of aging.

OXY

O₂ INNOVATIVE 99%PURE OXYGEN

This non-invasive method stimulates and regenerates the skin, conveying the active ingredients into the deeper layers of the epidermis in a natural and painless way. The perfect ally for timeless beauty.

CXI ORGANIC SPACE

THE LUXURY OF NATURE

CXI Organic Space is dedicated to those who seek harmony and balance through the action of all-organic products. The holistic approach for face and body rituals is at the centre of its activities, promoting the natural wellness of mind and body.

NIANCE® DELUXE

80 MINUTES / EURO 190

The treatment of choice for demanding skin, stimulating the natural rejuvenation and restructuring processes of the skin, enriching it with essential micronutrients. The result is a toned, smooth, rosy and youthful-looking skin. Includes a specific active ingredient for the eye eliminating signs of excessive fatigue.

NIANCE® INTENSIVE

50 MINUTES / EURO 130

Intensive treatment with revitalizing action for delicate skin. The specific and intensive treatment moisturizes the skin with nutrients and vitamins. Small wrinkles are smoothed and expression lines softened. Offers freshness and radiance to the face and eye area.

NIANCE® MEN POWER

NIANCE® MEN ULTRA TURBO-TREATMENT: FAST-ACTING TREATMENT 25 MINUTES / EURO 70

80 MINUTES / EURO 180

Premium treatment for men to brighten, tone and strengthen the skin, enriching it with micronutrients and moisturisers. The appearance of the epidermis becomes fresh and revitalized. This treatment makes the eye area visibly smoother and brighter.

NIANCE® EYE DELUXE

25 MINUTES / EURO 75

Premium treatment dedicated to the eye area, smoothing the tiny lines that are a sign of age. Brightness and luminosity are recaptured, offering immediate freshness.



SKINCEUTICALS DEEP CLEANSING

50 MINUTES / EURO 120

The deep cleansing treatment with Skinceuticals cosmeceutical products, combined with the ritual removal of impurities, leaves skin smooth, purified with an energizing feeling of freshness. It is also an excellent preparation before other treatments.

SKINCEUTICALS BRIGHTENING

50 MINUTES / EURO 130

This regenerating treatment is ideal for all skin types. The high concentration of pure active antioxidants restructures the skin, offers brightness, corrects signs of aging and evens out skin tone.

SKINCEUTICALS LIFTING ANTI-AGE

80 MINUTES / EURO 160
WITH ANTI-AGING HAND TREATMENT: 80 MINUTES / EURO 180

Compacting and restructuring treatment for mature skin, reducing the signs of aging through the synergy of powerful active ingredients. The skin becomes more compact and radiant; the face reshaped and relaxed.

S.O.S VISAGE BY SKINCEUTICALS

25 MINUTES / EURO 65

A rapid treatment by Skinceuticals dedicated to reddened and stressed skin, whose soothing and refreshing effect is ideal after exposure to the sun.

CXI FACIAL REMODELLING

50 MINUTES / EURO 100

A facial firming ritual, reshapes the facial features with a long and relaxing massage. Gives new vitality and firmness thanks to cosmeceutical products based on natural white grape with nourishing and antioxidant properties.

RITUAL OF THE EARTH

80 MINUTES / EURO 140

Fine spices and authentic minerals from the earth purify and renew the skin deep down. The treatment harmonizes all parts of the skin in a natural way with rhythmic and regenerating movements.

RITUAL OF THE AIR

50 MINUTES / EURO 100

Brown sugar and extract of Neroli reactivate calm stressed skin. The treatment nourishes and protects the skin by relaxing nervous tension and restoring inner harmony.

SKINCEUTICALS OXYGEN

80 MINUTES / EURO 220

This plumping treatment uses the advanced technology of active oxygen to penetrate deeply with hyaluronic acid, enhancing its anti-aging properties. The skin becomes silky and rejuvenated with a fresh and rosy complexion. Ideal for sensitive skin.

OXY SKIN UP NIANCE®

80 MINUTES / EURO 240

Instant lifting effect for skin of all ages. The precious NIANCE® products penetrate into deep layers of the skin via hyperbaric oxygen, significantly improving the appearance of the skin, smoothing fine lines and offering an immediate anti-aging effect.

BODY

EXFOLIATING TREATMENT

WITH NATURAL PRODUCTS 25 MINUTES / EURO 55
NIANCE®GLOW WITH NIANCE COSMECEUTICAL PRODUCTS: 45 MINUTES / EURO 95

Exfoliation on the warm Corian table of the spa is a moment of well-being , particularly suitable in preparation for all treatments to soften the skin.

AKUA MASSAGE

50 MINUTES / EURO 90

The natural oscillations of the warm water bed and soft and flowing massage techniques offer a deeply relaxing and draining effect.

FIRE RITUAL

80 MINUTES / EURO 140

Algae and cinnamon reactivate the microcirculation and stimulate for a deep detox. The treatment acts on the circulatory system for a slimming, anti-cellulite effect, and makes the skin silky smooth





WATER RITUAL

50 MINUTES / EURO 120

Green tea and ginger act on the metabolism of liquids via their draining effects. The massage combines deep drainage and detoxifies the tissues offering a feeling of lightness and vitality.

NIANCE® BODY RETREAT

80 MINUTES / EURO 190

NIANCE® MEN REVITALIZE

80 MINUTES / EURO 180

The treatment acts on the body with various innovative slimming effects, firming and toning, purifying and detoxifying, anti-aging, anti-cellulite. A mechanical, enzymatic and gentle, acid based peeling improves and purifies the skin. The extraordinary NIANCER® serpentine stone massage, made with the most precious anti-aging oils, relaxes and penetrates deeply, offering a pleasant sense of well-being.

NIANCE® RECOVER

LUXURY ANTI-AGING FULL BODY MASSAGE

50 MINUTES / EURO 125

The exclusive NIANCER® massage relaxes and soothes the skin deeply, giving the skin a youthful glow. Performed with green serpentine stones and the finest anti-aging oils.

MASSAGE



CXI MASSAGE

50 MINUTES / EURO 90 • 80 MINUTES / EURO 135
*DEEP TISSUE VARIATION: 50 MINUTES / EURO 110

This is the massage that we designed to customize your experience of well-being. Classic Western techniques for de-contracting, accompanied by hot oil, stimulate circulation and act on the major muscle groups to relax them.

COCOON MASSAGE

50 MINUTES / EURO 100 • 80 MINUTES / EURO 145

The gentle warmth of organic Shea butter, which melts on the skin in an enveloping caress, is an essential part of this customized massage; very nourishing and offering a unique feeling of relaxation. The specific techniques used during the massage relax tense muscles from head to toe.

INDIAN MASSAGE

80 MINUTES / EURO 130

The manual soothing and warming of the ancient Ayurvedic tradition is accompanied by hot oil and authentic fragrances, giving the body a feeling of harmony and balance.

SANDOR MASSAGE

50 MINUTES / EURO 90

The dry heat that the quartz sand transmits to the body allows a deep level of relaxation. The sachets of hot sand, patted on the body and massaged with oriental oils generate new energy.

ESSENTIAL OF REFLEXOLOGY

45 MINUTES / EURO 85

The foot is the fundamental means of support and the mirror of our body, and it is stressed daily. It is frequently subjected to tensions that we are not even aware of. With skill and precision, this technique loosens the joints, offering a lightness and well-being that pervades the whole body.

SHORT COLLECTION

An exclusive selection of short treatments, so you can indulge in a small and intense wellness break during your busy day.

DE-STRESS ON WATER BED: 20 MINUTES / EURO 45
REGENERATING FOOT MASSAGE: 25 MINUTES / EURO 55
RELAXING HEAD AND SHOULDER MASSAGE: 25 MINUTES / EURO 50
TARGETED MASSAGE ON LEGS OR BACK: 25 MINUTES / EURO 55



The unique environment and the high professionalism of the CXI SPA will take care of the small touches that emphasize details- perceived as a sign of love and respect for one's body.

HAND AND FOOT SERVICE:

SHORT MANICURE
(filing – nail polish)
20 MINUTES / EURO 40

CXI MANICURE
(clipping – filing – cuticles – buffing – massage)
45 MINUTES / EURO 55
SUPPLEMENT FOR APPLICATION OF OPI NAIL POLISH: EURO 20

SHORT PEDICURE
(foot bath – clipping – cuticles – buffing – without polish)
25 MINUTES / EURO 45

CXI PEDICURE
(foot bath – clipping – cuticles – buffing – callous removal – smoothing – massage)
45 MINUTES / EURO 75
SUPPLEMENT FOR APPLICATION OF OPI NAIL POLISH: EURO 20

DEPILATION

FACE
EURO 20

HALF LEG
EURO 40

ENTIRE LEG
EURO 50

ARMS
EURO 30

UNDERARMS
EURO 20

BIKINI ZONE
25 MINUTES / EURO 45

COMPLETE BASED ON TIME
50–80 MINUTES / EURO 85–110

FOR MEN, COMPLETE
50–80 MINUTES / EURO 90–115

TINTING OF EYEBROWS OR LASHES
20 MINUTES / EURO 30

CXI BEAUTY ROOM



CXI THE SEVEN CEREMONIES



One place in the centre of the world, a unique place between the cardinal points of the compass, for a trip that transforms the body into a map, a treasure map where you will lose touch with space and time and find yourself in unfamiliar territory. There are seven seas to sail, seven ceremonies that re-define the concept of luxury, transporting you, like on a wave, into an area of well-being, where the senses reign supreme, nurtured and enhanced by precious and exclusive organic ingredients. From the ancient rite of the Japanese baths, crossing of the South Seas, to the reflections of a South American sunset to those of a garden of delights, in search of the gem of the North, to find yourself in ancient China and indulge in a Burmese dream, where body and soul embark on a course of well-being, accompanied by a personal consultation, to help you choose the most suitable path to float on.

I

OFURO: THE ANCIENT RITE OF THE JAPANESE BATH

Not only a journey through space, but also in time, to that faraway place with rich traditions and rhythms: Japan. A warm bath, an experience of purification and regeneration that recalls an ancient gesture, becomes the immersion into a dimension offering the skin delicate touches and purposeful gestures. The scent of lotus flowers and Neroli from the body massage relax and melt tension, leaving the body as soon as it comes into contact with the hot water. Here the discovery continues involving the hair, skin and spirit, treated with the same delicacy and care that an artist dedicates to his masterpiece. Like the memory of a trip to a distant land that becomes a secret inner path, the experience of Ofuro is designed for those who want a full experience, leaving the skin feeling soft with a note evocative of oriental fragrances, the result of massage with fine rice powder.

80 MINUTES / EURO 200





TALINGO: JOURNEY TO THE SOUTH SEAS



The vortex of sensations that mark the phases of a sea voyage, the alternation of the quiet calm of tropical bays to the movement of the waves of the open waters, the warmth of the sun on your skin, the discovery of new worlds, are just some of the emotions awakened by Talingo, the ancient Malaysian ritual for relaxation and regeneration, fast-paced like the rhythm of the ocean, that accompany this expedition in the search of well-being. You embark on the beaches of Thailand, the starting point, where the body is greeted by intense movements of stretching and mobilization from the ancient tradition of Thai massage, which returns new energy and elasticity to the muscles. During the course of "navigation", the hair and head will be wrapped by the sweet fragrance of a massage with carrot and prickly pear oil, while the flowing, evocative movements, accompanied by the scent of Champaca flowers, leading to the idyllic Malaysian islands, your landing point of the trip.

80 MINUTES / EURO 210



LOUKUM: THE GARDEN OF EARTHLY DELIGHTS

It is a taste, rather than an image or an aroma, that inspired the idea of venturing amid the flowers and plants of a mysterious and lush exotic garden, where the imagination suggests stories of a Middle Eastern experience, the body, with its ancient authentic tastes. Pistachios and almonds, essential ingredients of sweet Turkish "Loukum", offer the fragrances of a relaxing massage that evokes the entrance past the folds of a curtain that magically opens onto a typical Middle Eastern market, which takes the form of a hot bath in this ceremony: Delicious aromas of spice stalls prepare the skin thanks to a gentle exfoliation with salt. After the euphoric discovery of colours, there is a return to peace in the garden of delights. A slow awakening, softly accompanied by a thin stream of warm butter on the skin, which is magically wrapped in a delicate essence of lotus and frangipani.

140 MINUTES / EURO 340





DROPS OF GOLD:
SOUTH AMERICAN SUNSET

IV

The precious metal par excellence, the colour that stimulates people's desires and that has guided adventures throughout history and inspired metaphors; precious drops penetrate into the skin, giving it the radiance and brilliance of a sunset in South America. A treasured holistic ceremony, combining the consistency of honey-based gold and caviar extract, the heat of hands on the back, instruments of a sublime symphony of soothing movements, with evocative notes of cedar and patchouli. The discovery of the archaic secret of the glorious ancient population, the power of 23 karat gold give the face a luminous glow, brightness and new vigour, is the intermediate step in a journey discovering the properties of the metal of the gods, which glides on the skin slowly spreading throughout the entire body, infusing a layer of well-being, in an unforgettable moment of complete relaxation.

80 MINUTES / EURO 230



BALTIC AMBER: GEM OF THE NORTH

In the whiteness of the Nordic ice, like a jewel imprisoned in a frosty glass case, amber embodies the secrets of the oceans and time. The ceremony that chooses amber as an element is a journey through the stages of life, in a sinuous dance of scents and colours, to discover its properties and its history. The departure is a winding descent into the senses, in a cascade of oils, butters and essential oils, the entry into a long amber embrace creating harmony throughout the body, leading up to a sweet surprise of granules of sugar cane that are deposited on the skin like the snow on the expanses of the North, and softened with essences of musk and sandalwood. Your mask of honey and rose are activated in the course of the aromatic bath and are the only protection in this adventure of absolute well-being, culminating in the safe haven of a massage with warm butter and Baltic amber stones, keepers of the secret of Earth's heat that envelops and soothes the senses.

110 MINUTES / EURO 280





VI

THE WEAVER: ANCIENT CHINA

In ancient China, this ceremony transports those who choose it, to discover the secret of the softness of the weaver's hands, accustomed to the delicacy of the fabrics of fine clothes for the empress: his fingers touch and work with patience and meticulousness. A mask of honey, rose and ginger melts with the heat of the body, releasing all their nourishing and anti-aging properties. Silk, with the faint fragrance of musk and sandalwood, exfoliate, eliminating dead cells on the epidermis, leaving skin silky and hydrated. The intense aromatic notes of a head and shoulder massage, evoking the scents of flowers that dot the gardens of the Far East, a memory which is imprinted on the hands.

50 MINUTES / EURO 90

VII

THE EQUILIBRIST: DREAMS OF BURMA

Like a journey through the Bay of Bengal and the mountains of the North, the Ceremony of the Equilibrist is a path designed to gently smooth feet, the basis of support for the weight of the body, giving them a feeling of lightness and softness, through treatments that draw from the tradition of Eastern craftsmanship and the use of products that recall distant lands and horizons. These are the sensations of a route on the secret paths of Southeast Asia, evoked by the sublime fragrances of the Tropic of Cancer, to guide the senses that get lost in the heady, exfoliating fragrances of honey, rose and ginger, while streams of carrot and prickly pear oil bathe and nourish the skin, offering new freshness. The feeling is that of a return to the places of the soul, where all tension is dissolved by the action of the hands and soothing aroma of the champaca flower, mentioned in ancient legends as the flower of the sunset for the sweet fragrance offices that spreads in the evening air.

50 MINUTES / EURO 100



RITUAL SUITE

The Ritual Suite is a private and sophisticated area consisting of several rooms dedicated to treatments for couples and for those looking for an unforgettable experience. The rituals are focused on customized, complete well-being. The different combinations of the Raxul bath, whirlpool and the Spa table offer soothing poly-sensory emotions.



RITUALS FOR THE BEAUTY OF FACE AND BODY

CXI ORGANIC FOR ME

110 MINUTES / EURO 210 PER PERSON

The ritual dedicated to the face and body. The manual relaxation movements help regain balance and well-being. Exfoliation from natural extracts prepares the skin for massage with organic Shea butter, while the ritual for the face offers new radiance to the skin.

CXI SPACE FOR COUPLES

140 MINUTES / EURO 410 PER COUPLE

The relaxing and rejuvenating treatment is dedicated to special moment to be shared in a picturesque setting. The treatment for the body regenerates the skin by relaxing the muscles during a massage and hot bath. To conclude the ritual, the face is treated gently to regain brightness and freshness.

COUPLES' RITUALS OF WELL-BEING

PRIVATE SUITE SAHARA

110 MINUTES / EURO 350 PER COUPLE

A trip for two to desert lands where the wellness oasis, like a mirage, offers evocative emotions. The steam bath envelops the senses in a warm cloud. The second stage is a gentle exfoliating body scrub with the scents of the desert, which regenerates the skin and nourishes it in a candlelight bath. Finally, a couple's massage with heated oil evokes the true, warming spirit of the desert.

PRIVATE SUITE OF SULTAN

140 MINUTES / EURO 390 PER COUPLE

Scents of the East and heady spices take the imagination to distant lands, while royal delicacies come from around the world to impress guests. The exotic massage by candlelight stimulates the senses, an Eastern body exfoliation revitalizes the skin, the dry heat of the private Roman bath relaxes muscles and the customized couples' massage concludes a timeless journey.

CENTOUNDICI ETTICHTTA

To enjoy a peaceful and relaxing experience during your stay in the spa and in the surrounding areas, we ask you to turn off cell phones and moderate your tone of voice. The staff reserves the right to deny access to anyone whose dress or behaviour may disturb or endanger other guests in the spa and in surrounding areas. Smoking is prohibited in all indoor areas of the CXI SPA. Our staff will indicate the area dedicated to clients who wish to smoke outside the structure. We also ask you not to consume foods near the pool and not to bring glasses and glass bottles in any area of the CXI SPA.

OPERATING HOURS

CENTOUNDICI TREATMENTS
FROM 10:00 AM TO 8:00 PM

CENTOUNDICI GRADI*
FROM 10:00 AM TO 8:00 PM

CENTOUNDICI ONDE
FROM 8:00 AM TO 8:00 PM

CENTOUNDICI MOVIMENTI
FROM 6:30 AM TO 8:30 PM

CENTOUNDICI SPA
telephone +39 0464 021911
spa@lido-palace.it



WHAT TO WEAR

We request that you wear your bathing suit under your robe in all areas except in the sauna and steam baths. The use of the Finnish sauna is allowed without a bathing suit, but covering yourself with and sitting on a towel, to maintain the correct hygienic conditions. In the steam baths, you enter without a swimsuit and without a towel, using the special towel provided to sit on, to respect hygienic norms. A T-shirt, shorts or jogging pants and comfortable shoes are the ideal clothing for the use in the area CENTOUNDICI MOVIMENTI. For Spa treatments, our staff provides disposable underwear for ladies and gentlemen directly inside the treatment cabins.

CHILDREN

All guests under the age of 16 who wish to receive treatments or use the services of CXI SPA are considered minors and must be accompanied by a parent or adult guardian. Access to CENTOUNDICI GRADI and MOVIMENTI is prohibited for children under 16 years.

PRECAUTIONS

Please advise us at the time of booking in the case of allergies or special health conditions (including circulatory problems, heart disease, or blood pressure), in order to receive the most appropriate treatments. Pregnant women are requested to advise us and to make reservations after consulting with your doctor.

APPOINTMENTS

In order to meet your needs and ensure availability, we kindly ask you to book treatments when you confirm your stay.

FEMALE OR MALE THERAPIST

Diversity is what contributes to the richness of life. Each person is unique, and requires a specific treatment, taking into account all the particular characteristics of the individual. A team formed to maintain the privacy and comfort of guests is available to meet the specific needs and requirements that are communicated at the time of booking.

ARRIVAL

We kindly ask you to arrive 15 minutes before your appointment wearing a bathrobe and slippers, and to fill out the medical questionnaire, which will allow our therapists to tailor the treatments. The treatments begin and end on schedule to allow for timely appointments for the other guests.

BEFORE TREATMENT

We recommend that men shave their face the day before the treatment. For ladies, we suggest you perform hair removal the day before your body treatment or after a facial. Before each treatment, we suggest that you prepare yourself with a relaxing shower and refrain from drinking alcohol.

AFTER TREATMENT

It is very important relax for 15 minutes and drink a substantial amount of liquid (water or herbal teas) immediately after treatment to ensure full benefits.

SPA PRODUCTS

The CXI Reception desk is where you can buy exclusive products used in the course of treatment, in order to continue the experience at home and give continuity to the results obtained.

GIFT VOUCHER

The objective of the CXI SPA is to give well-being to the people you care about, in the form of gift certificates that can be booked directly at the CXI reception desk, for a personalized and exclusive gift.



Les Sultanes
de Soudan

Voyage
sur la route des
Délices

Elixir
de la Mariée

Boudier's Elixir



RIVA DEL GARDA



EST. 1928

THE LEADING HOTELS
OF THE WORLD®



LEADING
SPAS